

SÖLDENS
PULSATING PART



- Altitude meters uphill
- Altitude meters downhill
- Gradient
- Pump Track, Training Course
- Table
- Gap
- Project
- Wall Ride
- Spiral
- Competition course, only for pros!
- Distance in km
- Underpass
- Self-Service
- Service | Rental
- Bike-Wash
- E-Bike charging station
- Gate to the Bike Republic Sölden
- Stamp station
- Camping
- Heart Defibrillator
- Doctor | First Aid
- Information
- Restaurant
- Parking
- ice Q
- BIG 3
- 007 007 ELEMENTS
- Ötztal Cycle Trail
- Free WIFI
- Trail, easy
- Trail, intermediate
- Trail, difficult
- Line, easy
- Line, intermediate
- Line, difficult
- Beginners' Line
- Mountain Bike Route Transfer Trail
- Mountaincart
- MTB Route, easy
- MTB Route, intermediate
- MTB Route, difficult
- in both directions
- direction of travel

PUMP TRACK & SKILL AREA

A Pump Track is a man-made loop trail for improving your biking skills. By pushing the bike and moving forward on the wavy course you enjoy great training units and fun-filled exercise.

**PUMPTRACKS**

- Rolling – opposite Bäckelar Wirt, base station of Gaislachkogel Gondola
- Sunny – at Hotel Sunny, village entrance

**SKILL AREA/PRACTICE PARK**

- End of Schtirggar Line next to Zentrum Shuttle
- Base station of Giggjoch Gondola

SINGLE TRAIL SCALE	VERY EASY – S0	EASY – S1	MODERATE – S2	DIFFICULT – S3   S4   S5
RIDING TECHNIQUE	Trail novices! Basic mountain biking techniques required: standard posture, balance, braking safely, a bit of trail experience or no experience at all	Trail beginners and advanced! Good balance incl. weight transfer in order to conquer obstacles, biking over steps, safe cornering and braking technique; standard jumps, trail experience required	Special biking techniques required: very good balance, cornering technique, safe braking, safe jumping + weight transfer to conquer obstacles, biking over steps, switch backing turns, enough trail experience is a must	Trail experts! Excellent biking techniques are a must, technically very challenging sections: excellent balance, cornering technique (switch-backs), safe braking, jumping skills, trial techniques: rear/front wheel shifting required
DANGER LEVEL	Falls from a low height in nondangerous terrain (forest, meadow) possible, no danger of falling	Falls from a considerable height in non-dangerous terrain (forest, meadow) are possible, no danger of falling	Falls from a considerable height in dangerous terrain are possible	Falls from a great height in very dangerous terrain possible. Partly danger of falling = danger to life!
TRAIL SURFACE	Firm and surfaced terrain, not slippery, without tree roots or rocks	Firm and surfaced terrain, short sections with tree roots or rocks	Mostly unsurfaced, quickly changing terrain with tree roots and rocks	Mostly unsurfaced, quickly changing terrain with huge tree roots and big rocks
OBSTACLES	None	Small number of terraced sections	Terraced terrain featuring many edges and steps	Countless, very high terraces featuring edges, steps and stairs
GRADIENT	Little gradient <=15%	Steep <=30%	Very steep <=60%	Extremely steep <=70%
TURNS	Long and wide open turns, no obstacles	Hairpin turns, rolling through is easy, also steep turns, long and level end of turns	Very steep, narrow hairpin turns with obstacles, abruptly ending turns	Extremely steep, narrow hairpin turns/switchbacks, obstacles, abruptly ending turns
TRAIL WIDTH	Wide enough: min. 1 m	Narrow: min. 0.6 m	Very narrow: min. 0.3 m	Extremely narrow: min. 0.2 m
JUMPS	No jumps or jumps to roll over easily	Jumps to roll over easily or with bypass route, variants featuring jumps for advanced, good jump and landing areas	Not possible to roll over but there are bypass routes! Huge jumps incl. gaps, good jump and landing areas	In part not possible to roll over or bypass! Huge jumps incl. dangerous gaps, rather suboptimal jump and landing areas

EVENTS 2025

- 06. – 09.06. Summer Kickstart
- 19. – 22.06. BRS Birthday Party
- 21.06. Bike Republic Rallye
- 26.07. Saturday Bike Fever
- 12. – 14.09. Bike Republic Festival with Swatch Nines
- 03. – 05.10. Bike Republic National Holiday

ENDURO ROUTES

An enduro route is a combination of a Mountain Bike Route (= uphill) and a Natural Trail or a Shaped Line.

DISCOVER THE ENTIRE TRAIL NETWORK OF BIKE REPUBLIC SÖLDEN

NO.	ENDURO ROUTES	KM	HM	ROUTE	LINE/TRAIL
D	Aschbach	12.2	240	603 11	698
F	Stabele	15.1	658	643	6060 6007 6027
L	Mittelstation Runde	18.6	835	644	6005 6003 6027
A	Stallwies Alm	8.0	630	651	699
B	Windach	10.1	629	6022	6014 699
N	Hochsölden	18.0	760	6025	6028 6009
G	Gortach	13.2	594	645	672 6009
M	Schölder Tour	22.5	999	644 643 6025	6005 676 6060 672 6009
K	Goldegg	16.5	837	644	696 6027
E	Zwieselstein	11.7	323	644	664
I	Silbertal	18.2	668	644	668 664
C	Stille Seite	12.1	690	652	673 6000
H	Gletscherexpress reloaded	35.5	1639	648	6010 6028 6009

SHAPED LINES



Shaped Lines are built especially for downhill and mountain bikers. Currently we offer 14 Lines (377 km), ranging from super flowing to extremely challenging.

NO.	LINE	POWERED BY	KM	HM	%
6058	Schtirggar Line	poc	1,3	90	7%
6027	Broate Line		1,6	189	11%
6034	Troaln Line		1,6	73	5%
6009	Lettn Line	TUNAP	1,5	127	8%
6005	Eebme Line	BAILEY	2,3	214	9%
676	Bartigs Bödele Line		0,8	30	4%
6028	Gahe Line		74	620	8%
6007	Ohn Line		3,6	377	10%
6008	Harbe Line		2,2	178	8%
6003	Teäre Line	TREK	5,2	575	11%
6010	Ollweite Line		7,0	712	10%
6060	Schlender Line		1,0	71	7%
6004	Zaähe Line	SANTA CRUZ	0,7	78	11%
6040	Olm Volle Line		1,5	367	24%

NATURAL & SINGLE TRAILS

Natural Trails are original routes formed by mountain farmers and shepherds, used by hikers & bikers. Currently there are 16 Trails (30,7 km). Natural Trails are also frequented by hikers!

NO.	TRAIL	KM	HM	HM
678	Löple Trail	1.3	20	37 S2
6029	Gampe Trail	1.2	153	0 S2
6000	Windach Trail	1.0	174	0 S2
6014	Lochle Alm Trail	1.0	75	33 S2
698	Kaiser Trail	1.0	86	6 S2
6042	Stallwies Trail	0.7	64	0 S2
6026	Schteckler Trail	1.0	112	1 S2
699	Kieble Alm Trail	2.2	517	0 S2
677	Traien Trail	0.6	119	0 S2
672	Leiterberg Trail	4.7	605	5 S2
6052	Gaislach Trail	0.8	194	0 S3
668	Bodenegg Trail	2.2	376	0 S3
664	Kühtrainschlucht Trail	1.3	53	33 S3
696	Nene Trail	4.0	636	0 S3
673	Jägers Notweg Trail	1.7	199	154 S4
6041	Fernar Trail	6.0	823	18 S5

(E-)BIKE TOURS

Whether with an MTB (Mountain Bike), E-Bike, or Gravel Bike - these routes can all be started from Sölden. The time estimates are without an E-Bike and are based on an average fitness level.

NO.	ROUTE	KM	HM	HM
649	Forstweg Rechenau	4,1	74	00:45
11	Aschbach	12.0	156	01:01
603	Kaiserwald	8,3	128	01:15
661	Rennstrecke Bodenegg	17.6	389	02:05
6022	Windach	12.9	604	02:25
652	Brunnenbergalm	14.4	624	02:30
651	Kieble Alm	11.7	636	02:14
645	Marias Alm	15.7	574	02:30
643	Gampe Alm	14.8	667	02:15
691	Lenzenalm	19.8	737	02:45
638	Sölden – Feuerstein – Pollesalm	32.5	757	04:10
637	Sölden – Polittal / Breitlehnalm	37.7	850	04:40
644	Gaislach	19.8	839	03:20
6049	Sölden – Adlerblickrunde	50.7	882	05:20
634	Sölden – Nissl Alm	53.0	1067	06:15
694	Sölden – Amberger Hütte	54.5	1140	06:30
636	Sölden – Wurzburg – Stabele – Innerberg	57.8	1197	06:55
6023	Sölden – Langtalereck Hütte	43.6	1419	06:00
648	Gletscherexpress	35.3	1778	05:55

EMERGENCY ALPINE CALL 140

SAFETY COMES FIRST!  
Download the Mountain Rescue Emergency App already in advance. Activate the App in case you need help as the exact coordinates will be transmitted directly to the Mountain Rescue team.



CONVENIENT INSURANCE!  
As a supporting member of the Tirolean Mountain Rescue the whole family enjoys world-wide insurance coverage for only € 36.00 per year.



SÖLDENS  
SILENT PART



- Altitude meters uphill

Altitude meters downhill

Gradient

Pump Track, Training Course

Table

Gap

Project

Wall Ride

Spiral

Competition course, only for pros!

Distance in km

Underpass

Self-Service

Service | Rental

Bike-Wash

E-Bike charging station

Gate to the Bike Republic Sölden

Stamp station

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BIG 3

007 007 ELEMENTS

Ötztal Cycle Trail

Free WIFI

Trail, easy

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Trail, difficult

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MTB Route, difficult

in both directions

direction of travel

LONG LINES &  
TRAILS NON STOP

RIDE  
TO FLY!

LONG LINES		
Gaislachkogel	6005 6003 6027	74 km 811 m
Rotkogel	6010 6007 6027	12.5 km 1.300 m
Giggjoch	6010 6034 6008 6028 6009	16 km 1.313 m
LONG TRAILS		
Fernar Non Stop	6041 678 6052 696 6026	10.1 km 1.427 m

DIRT  
DISTRICT

THE NEW XXL DIRT PARK

A 13.300 m² playground awaits freestyle and slopestyle fans. The slopestyle line is open to the public and features spectacular elements for maximum airtime and action – perfect for pushing your trick level!

PLEASE NOTE

Ride at your own risk! The freeride line is only accessible for exclusive training and shooting sessions upon request.

FERNAR TRAIL

powered by  
MONS ROYALE

The deep black, extremely technical natural trail starts at the Tiefenbach Glacier and leads through spectacular, high-alpine and rocky terrain all the way to Gaislach – for experienced bikers only! Ride at your own risk.

FACTS

- Start at 2787 m
- Downhill meters: 815 m | Length: 5.5 km
- Difficulty level: black S5
- Ticket: € 41,00 per person

!

- Bike shuttle service limited (advance registration & additional ticket required)
- No mobile reception in some sections
- Tunnel riding prohibited! (2 km, dark & dangerous)
- Biking only allowed before 9:00 AM & after 3:00 PM (hiking trail during the day)

More information  
and booking –  
scan QR code.



CODE  
OF HONOR

1. Only ride on surfaced and signposted trails. Don't bike through open meadows!
2. Assume that oncoming hikers don't see you!
3. Trail forks and road junctions: watch out for oncoming traffic or people before and let others go first.
4. Pay attention to wild animals and cattle, always close pasture gates.
5. Avoid blocking your back wheel in order to better maintain mountain bike trails.
6. Always control your speed.
7. Wild camping is strictly forbidden.

SUMMER  
RATES 2025

	Adults	Youth (2006 – 2010)	Children (2011 – 2017)			
MTB-TICKET SUMMER 06.06 – 05.10.2025						
	FRI – SUN	MON – THU	FRI – SUN	MON – THU	FRI – SUN	MON – THU
1/2-day ticket from 11:30	€ 49.00	€ 46.50	€ 39.00	€ 37.00	€ 27.00	€ 25.50
1-day ticket	€ 58.50	€ 56.00	€ 47.00	€ 45.00	€ 32.00	€ 31.00
2 in 7 days	€ 111.00		€ 89.00		€ 61.00	
3 in 7 days	€ 151.00		€ 121.00		€ 83.00	
4 in 7 days	€ 194.00		€ 155.00		€ 107.00	
5 in 7 days	€ 233.00		€ 186.00		€ 128.00	
6 in 7 days	€ 264.00		€ 211.00		€ 145.00	
7 days	€ 291.00		€ 233.00		€ 160.00	
WEEKEND SPECIAL INCL. FRIDAY BIKE EVENT 04.07 – 24.08.2025						
1/2-day: FRI*	€ 44.00		€ 35.00		€ 24.00	
1,5-days: FRI* & SAT	€ 100.00		€ 80.00		€ 55.00	
2,5-days: FRI* & SAT & SUN	€ 144.00		€ 115.00		€ 79.00	

SEASON TICKET (BIKE + HIKE) 06.06 – 05.10.2025		
	€ 397.00	€ 316.00
		€ 217.00

BIKE REPUBLIC UPGRADE SUMMER			Children (2010 – 2018)	
	FRI – SUN	MON – THU	FRI – SUN	MON – THU
1/2-day ticket from 11:30	€ 39.00	€ 37.00	€ 21.50	€ 20.50
1-day ticket	€ 47.00	€ 45.00	€ 25.50	€ 25.00
2 in 7 days	€ 89.00		€ 49.00	
3 in 7 days	€ 121.00		€ 66.00	
4 in 7 days	€ 155.00		€ 86.00	
5 in 7 days	€ 186.00		€ 102.00	
6 in 7 days	€ 211.00		€ 116.00	
7 days	€ 233.00		€ 128.00	
WEEKEND SPECIAL INCL. FRIDAY BIKE EVENT 04.07. – 24.08.2025				
1/2 Tag: FR*	€ 35.00		€ 19.00	
1,5 Tage: FR* & SA	€ 80.00		€ 44.00	
2,5 Tage: FR* & SA & SO	€ 115.00		€ 63.00	

GRAVITY CARD (05.04. – 09.11.2025)	Valid during opening times of the individual parks/lifts		
	Adults	Youth: 2006 – 2008	Children: 2009 – 2018
	€ 659.00	€ 494.00	€ 340.00

\*Friday: 14:00 – 19:30

OPERATING TIMES DAILY 06.06. – 05.10.2025	
Gaislachkogelbahn	8:30 – 16:45** A10
6SK Langeggbahn	9:00 – 16:00 C31
Giggjochbahn	8:30 – 16:45 C30
Hochsölden – Rotkogelbahn	8:30 – 12:00 27.06 – 14.09.2025 C38
Zentrum Shuttle from 06.06.2025	8:30 – 20:00 B20

\*\*Fridays, 04.07. – 22.08.2025: 8:30 – 19:15 Uhr

You can use the ticket flexibly within a period of 7 days from purchase. By using the offer described in the Bike Republic Sölden, you accept the general terms of use available at [bikerepublic.soelden.com/agbs-sommerbahnen](https://bikerepublic.soelden.com/agbs-sommerbahnen)

Subject to changes in the range of services, no price reductions/refunds if certain systems are not in operation. When purchasing tickets of Bergbahnen Sölden ("BBS"), only the general terms & conditions displayed at the ticket offices and available with the following QR code apply.

Errors, changes of rates, typesetting and printing errors excepted!



FRIDAY  
BIKE EVENT

Kickstart your upcoming summer week-ends with an extra boost of adrenaline! **Every Friday evening, the first section of Gaislachkogel Gondola** is a bit longer in operation so that you can enjoy selected Bike Republic Sölden lines and trails until the last ray of sunshine.

**GAISLACHKOGL GONDOLA SECTION I**  
**When:** Fridays, 04.07. – 22.08.2025  
**Last uphill ride:** 19:15  
**Last downhill ride:** 19:30

**Lines & trails open:** until 20:00

**Info:** No restaurant service available at the mid-station of Gaislachkogel gondola.

STAY  
UP-TO-DATE  
WITH US!



RESPECT!

The freedom within our Republic is based on mutual respect – both on the mountain and in the valley.

PLEASE NOTE

Both mountain bikers and hikers use the same route. Please respect walkers and hikers on the trail and always control your biking speed.



Share the Trail.



The way to the Line.

PLEASE PAY SPECIAL ATTENTION  
IN THE VILLAGE

- The sidewalk is not a road way.
- The edge of the sidewalk is not for jumping.
- Wild camping prohibited!

RULES OF CONDUCT  
Scan QR code for more details.



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