

Close to the mountains.

Alpine. Luxury. Wellness.

SIGNATURE TREATMENTS

San Su 山水 (mountains & water)	110 min	280
Mountain arnica scrub • marmot oil wrap • herbal stamp massage • facial massage with cream from the sea		
Sweet Temptation	80 min	220
Honey scrub • chocolate back massage • coconut vanilla facial massage		
Zen Head Balance	60 min	155
Ear candles • head and face massage • forehead oil pour		
Amor Fati	80 min	220
Mountain arnica wrap • hot stone back massage • liver detox oil • hand mask • special foot wrap		
Central meets Continental	220 min	550
Lomi Lomi Nui • Balinese Pantai Luar • Korean facial cleansing • Tyrolean swiss stone pine vitality massage		
Mountain Girl	240 min	628
Summit Facial Excellence • mountain salt peeling • detox pack • La Stone massage		

MASSAGES

Full body massage	50 min	120	80 min	175
Sports massage			50 min	130
Foot and leg massage			50 min	120
Partial body massage (back or legs)			25 min	75
Four magic hands			70 min	280
Experience the soothing effects of our therapeutic full-body massage with four hands, intensifying the relaxation effect.				
Aroma oil massage	50 min	130	80 min	185
Hot stone massage	50 min	130	80 min	185
Lomi-Lomi-Nui massage			70 min	175
Herbal stamp massage	50 min	135	80 min	190
Swiss pine vital fascia massage	50 min	130	80 min	185
Head, shoulder and neck massage including a moor mud wrap			40 min	110
Lymphatic drainage	50 min	120	80 min	175
Magnesium massage			50 min	135
La Stone massage			70 min	175
Massage with forehead oil pour			20 min	40

CARE FOR HANDS AND FEET

Manicure or pedicure	50 min	85
with polish	+ 10 min	+ 19
with Shellac	+ 30 min	+ 39

FACIAL TREATMENTS

Summit Facial Royal	50 min	135
Bubble facial cleansing • peeling • mask • facial massage • facial care • daily make-up		
Summit Facial Noblesse	80 min	185
Bubble facial cleansing • peeling • mask • facial massage • head acupressure • serum • eye treatment mask for hand & feet • facial care • daily make-up		
Summit Facial Excellence	90 min	350
Aqua facial treatment • soothing mask with LED light therapy • micro needling gold collagen threads • serum • facial care		
Summit Facial Excellence (3-ticket)	3 x 90 min	890

BODY TREATMENTS

Detox treatment	50 min	145
salt & grape seed scrub • liver oil • detoxifying-wrap		
Thalasso of Pacific	80 min	220
Sea salt body scrub • body wrap with algae mud and fresh algae • gentle body rub with viniferin cream		
Marmot oil pack	40 min	69
Marmot oil active wrap	30 min	55
Mountain arnica active wrap	30 min	55
Rock salt crystal peeling (honey & Swisspine, mountain arnica & rosemary, grape seed & salt)	30 min	65
Summit athlete recovery	130 min	300
Pantai Luar to relax the tissue • sports massage • calf wrap		

BEAUTY TREATMENTS

Aurora Eyes	25 min	59
Eye mask with iontophoresis • eye pads • eye gel or cream		
Eyelash lifting	60 min	90
Eyebrow lifting	60 min	80
<u>Eyelash + eyebrow lifting package</u>	90 min	150
Eyelash tinting	20 min	30
Eyebrow shaping (only combinable with a facial treatment or as part of a package)	15 min	20
Eyebrow tinting (only combinable with a facial treatment or as part of a package)	15 min	20
<u>Eyelash tinting + eyebrow shaping + eyebrow tinting package</u>	30 min	50

CRYOTHERAPY

Treatment process per unit: 30 seconds in the pre-chamber at -30°C to -60°C • 2.5 minutes in the main chamber at -110°C

First session	59
Second session	48
3-ticket	129
10-ticket	299



Discover our spa
menu online

Weblink: giggle.tips/en/das-central

SUMMIT BEAUTY & MASSAGE

Open daily from 9.00 am - 7.30 pm

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